

*Origin*





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SPORT



- UCL:  
G.O.A.T.S.  
- SOCCER IN  
THE WORLD.

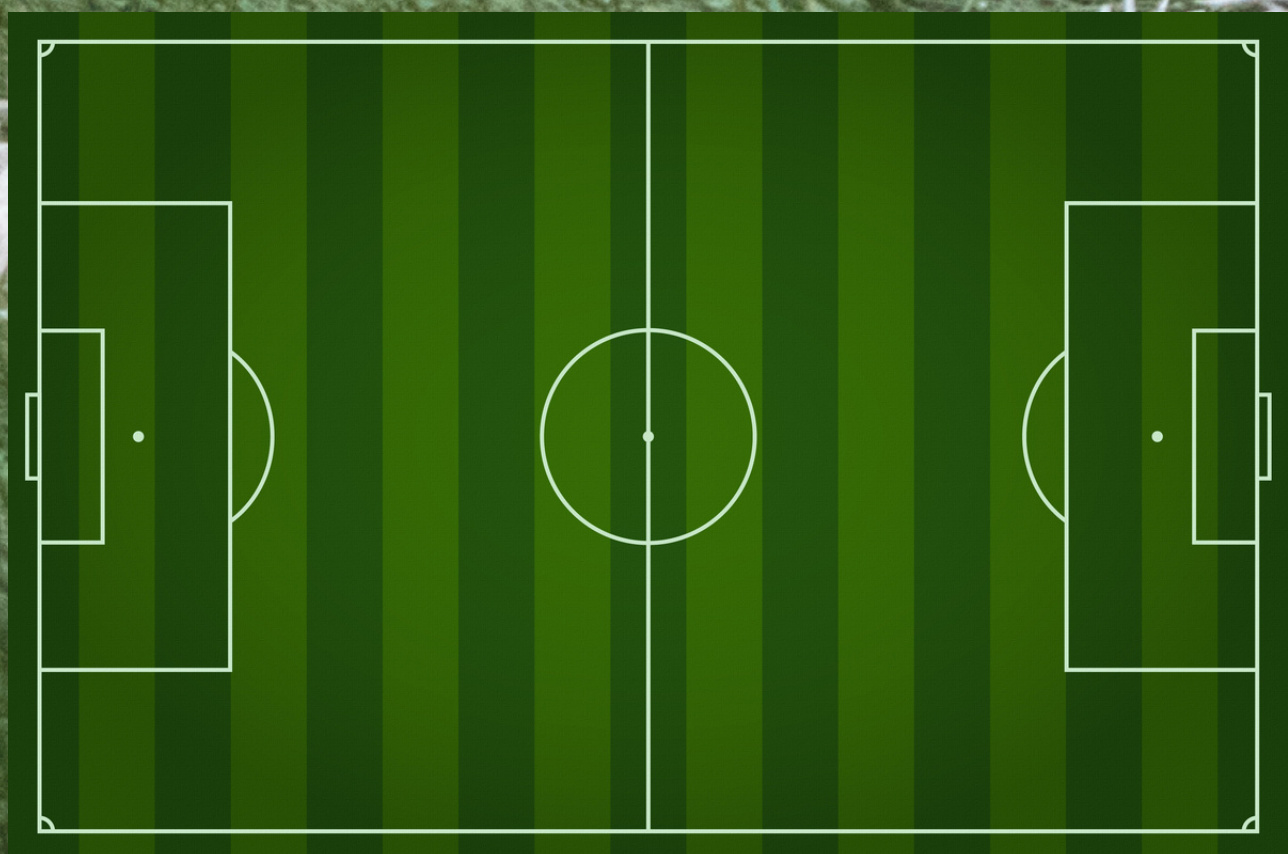


# UCL: G.O.A.T.S

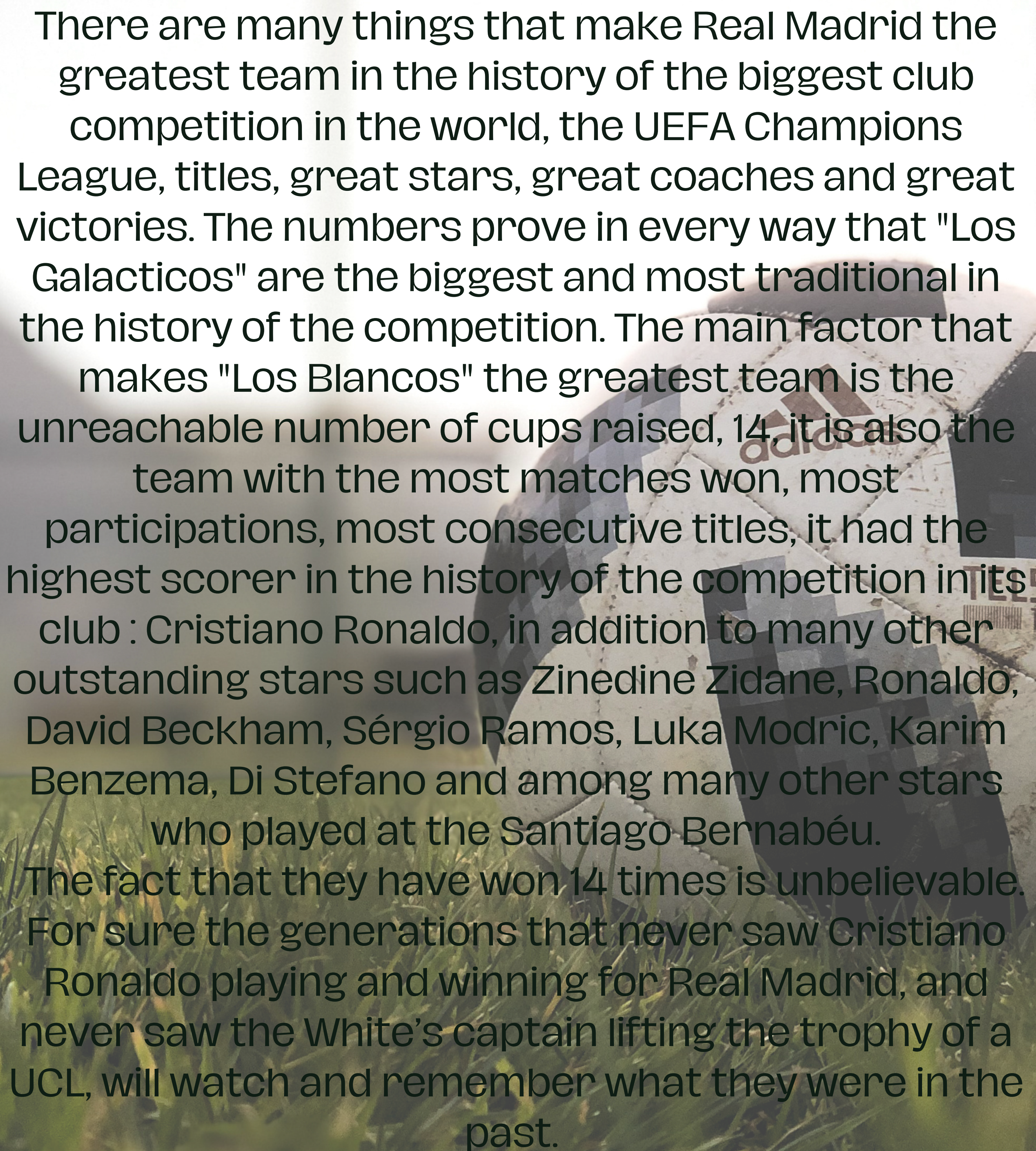
White wear, yellow shield full of stars, Real Madrid has won 2021/2022's Champions League for the 14th time, this increased their already large advantage to the other teams. The fact is: Is the most successful team in UEFA Champions League history, the best?

With the exit of his biggest star: Cristiano Ronaldo, in 2018, the team wasn't looking the same, It was strange to watch them play. They started looking for some replacement, and they found some. The Brazilian Rodrygo e Vinicius Junior signed with the team, with the objective of replacing the most successful player in all the history of the Spanish team.

Firstly, the one of the two boys who "shone" more was Rodrygo, because Vini was dispatched to the 2nd team. After four years of failures, they finally have their success, conquering the Champions League once more.







There are many things that make Real Madrid the greatest team in the history of the biggest club competition in the world, the UEFA Champions League, titles, great stars, great coaches and great victories. The numbers prove in every way that "Los Galacticos" are the biggest and most traditional in the history of the competition. The main factor that makes "Los Blancos" the greatest team is the unreachable number of cups raised, 14, it is also the team with the most matches won, most participations, most consecutive titles, it had the highest scorer in the history of the competition in its club : Cristiano Ronaldo, in addition to many other outstanding stars such as Zinedine Zidane, Ronaldo, David Beckham, Sérgio Ramos, Luka Modric, Karim Benzema, Di Stefano and among many other stars who played at the Santiago Bernabéu.

The fact that they have won 14 times is unbelievable. For sure the generations that never saw Cristiano Ronaldo playing and winning for Real Madrid, and never saw the White's captain lifting the trophy of a UCL, will watch and remember what they were in the past.



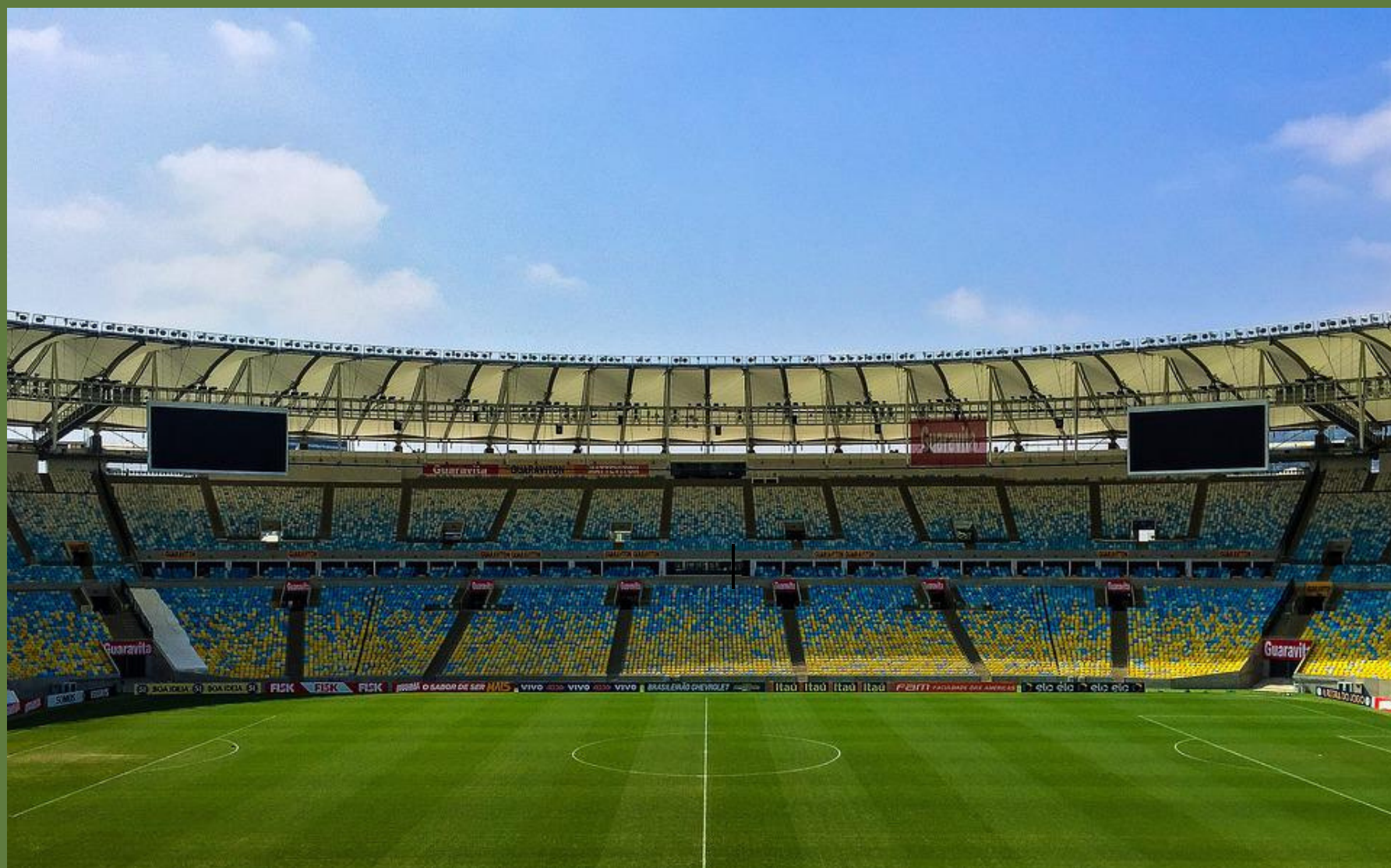


# Soccer in the world



The word “soccer” appears in England, and was originally used to differentiate association football from its rugby cousin. Just as rugby football was shortened to “rugger”, the game of association football became known as “soccer” thanks to a shortening of the word “association”. Football is the most popular team sport in the world. The same appeared in England during the 19th century, but historical reports point out that similar sports practices already existed. Although football is very famous in Brazil, it is not not only here, but all over the world.

Ebenezer Cobby Morley is one of the original fathers of the Football Association. He was the founder of Barnes Football Club back in 1862 and was even captain of the squad for several years. Barnes Football Club played the first-ever soccer game in 1863 against Richmond Football Club. More than four out of 10 people consider themselves soccer fans, making the game the world's most popular sport. football is so popular because it's easy for anyone to watch and understand the rules, easy to spread.





Because of this, soccer is more than just a fun, popular, international sport. It plays a role in the international development by funding global education, effecting positive social change and producing renewable energy. Soccer is unique in that because it crosses all geographic, ethnic and religious boundaries. While almost everyone in this planet knows , plays or watches, others play football, aside from goals scored and long-standing team rivalries, we rarely hear about the most important value and ability of this and other sports to effect positive social change. The ball absorbs the energy of impact, stores it and later makes the energy available to power a light bulb, charges a cell phone. The ball has already been piloted in the community and further development is being funded by many youth humanitarian programme initiatives.

In conclusion the reason behind soccer is so popular around the world is because this sport is not only "famous". It is a sport that connects people with the soccer players, it doesn't matter his or her skin tone, nationality or age, people in general want to see their favorite player, watching how he plays with his determination in the game, with his or her eyes shining independently of the result .The soccer player is proud of the whole team (as much as his/her co-workers and fans), because they play with the intention to honor both.

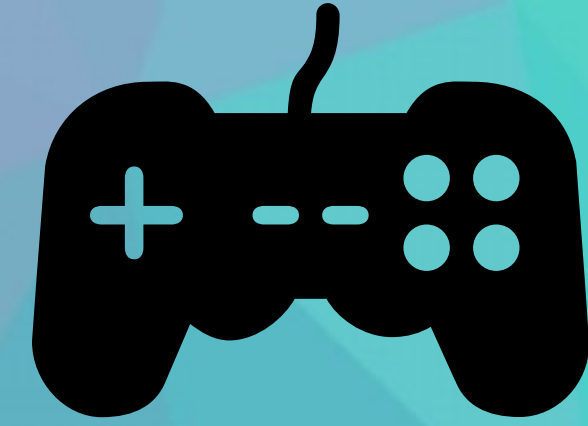
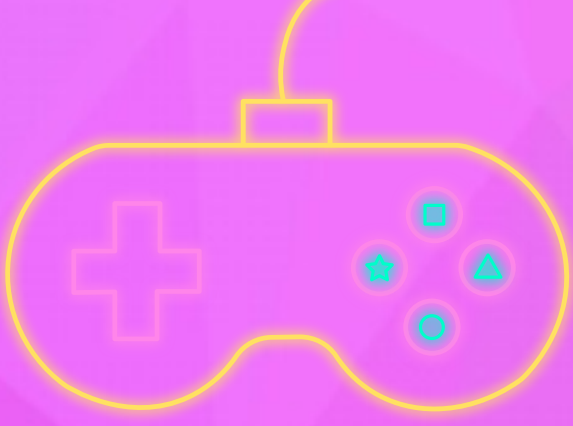




**TECHNOLOGY**

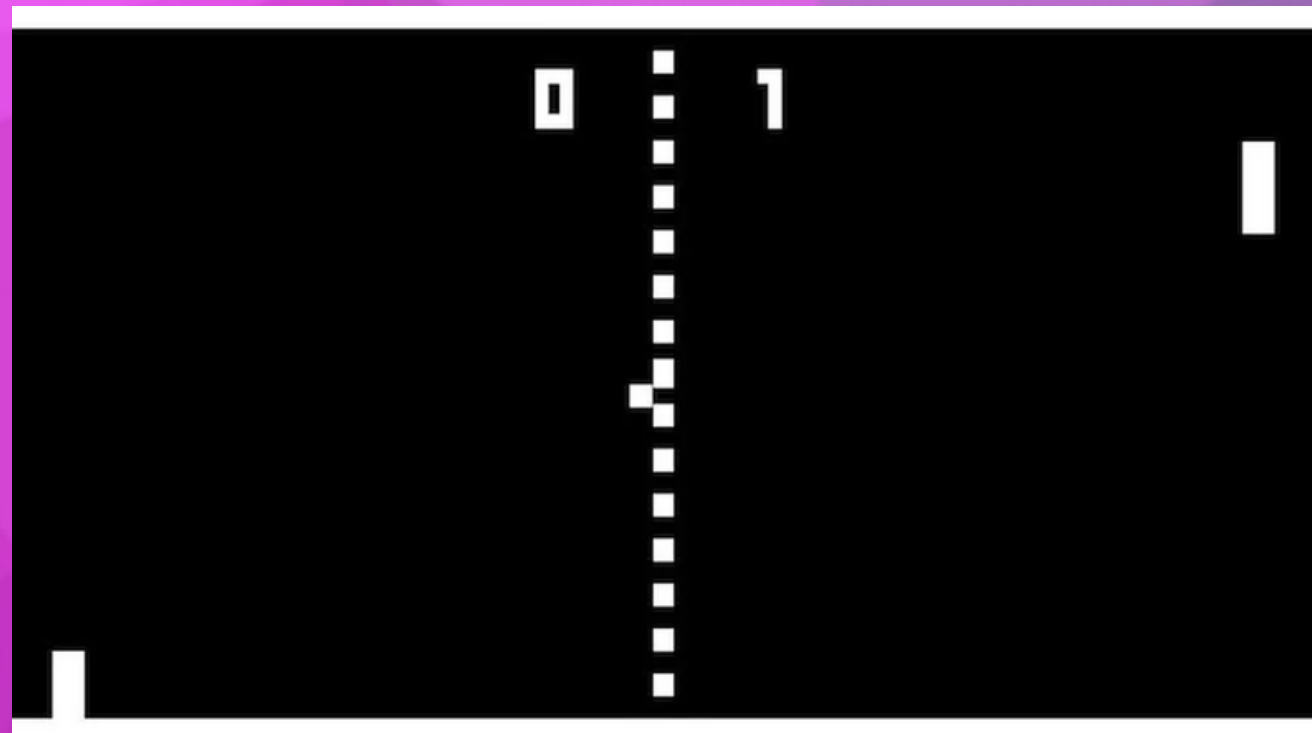
**- WILL VIDEO GAME  
SIMULATOR REPLACE  
REAL LIFE?**





# Will video game simulator replace real life?

Modern games have evolved rapidly in recent times, increasingly needing better and more powerful machines, so in recent times virtual reality games have been gaining space in the world market.



-Pong gameplay

An example is Pong, the first digital game, created in 1958, which had only three elements on the screen: one of the players, a ball and the other player, with only 1 rotating button for each player, its objective was to play a kind of ping pong and not allow the ball to pass out of your screen.



-Ellie, the protagonist of The Last of Us 2

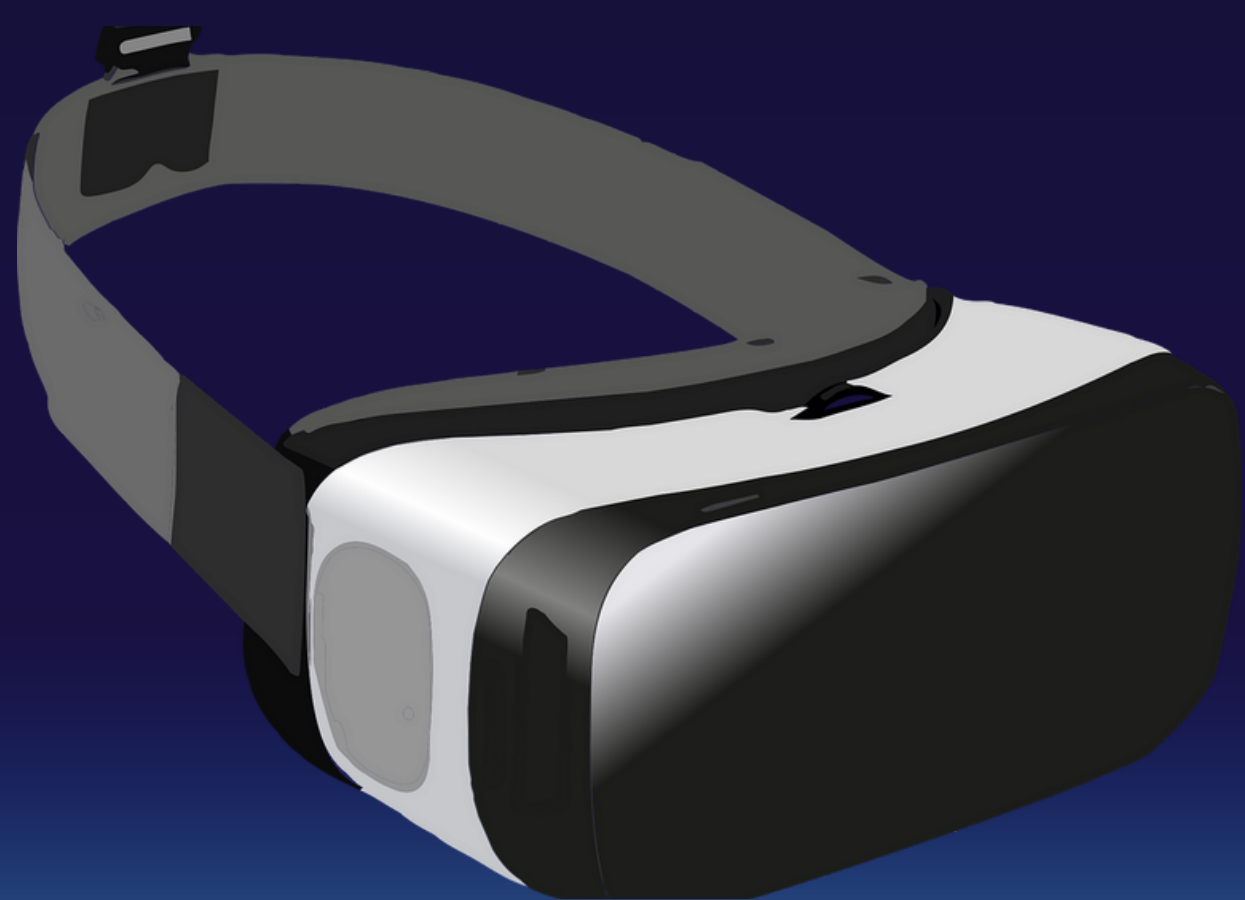
But compared to several games nowadays like The last of us 2, God of war, Horizon Zero down and DCS world, Pong is very simple and light having only 128kb (kilobits) . There are games with more than 100Gb (Gigabytes) whose difference is 6,250,000 times.



-2 Su-30 fighters in Dcs world



**However, in recent years virtual reality has been increasingly used in everyday life. It started as just a glasses to watch pre-recorded videos and be able to look around, but as they evolved they received controls and games that could be played using the glasses. , as well as steering wheels and joysticks for car and plane simulators.**



-A Vr gear

**Not to mention the special chairs that can, for example, move in a racing game as you maneuver around corners, or even chairs that rotate, imitating movements of planes.**



-A person using a Vr

**Nowadays there are already gloves and treadmills that can make you run in real life and in the game at the same time without leaving your place, also feel the texture of objects and making the games more immersive due to the fact that there are no controllers, only your own hands.**



-A drawing of a person using a Vr



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**In the future, it is very likely that virtual reality will evolve more and more, and may even be confused with real life.**

**The metaverse as Facebook CEO Mark Zuckerberg is creating.**



-Mark Zuckerberg

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-Zuckerberg in Mobile World Congress

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**It's a world that acts more like a desktop background than a considered, spatial environment. Meta's Horizon Worlds is a social platform where users have a set of tools with which they create and share virtual worlds, making it possible to meet their friends and practice many activities.**



-Zuckerberg showing vr concepts

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Plants

**- MUSIC AND  
PLANT GROWTH**



# MUSIC AND PLANT GROWTH



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PEOPLE BELIEVE IN MANY SUPERSTITIONS, LIKE, FLIPPED SLIPPERS KILL MOTHERS, KNOCKING ON WOOD DRIVES AWAY THE BAD THINGS YOU SAID BUT, IS THERE ANY RELATION BETWEEN THE GROWTH OF PLANTS AND THE MUSIC? THE POPULAR BELIEF SAYS THAT WHEN THE PLANTS ARE EXPOSED TO MUSIC, THEY GROW, IS IT TRUE?

SINGH, HEAD OF BOTANY AT ANNAMALAI UNIVERSITY IN INDIA, CONDUCTED THE FIRST STUDIES ON THE EFFECT OF SONGS ON CROPS. TO ACHIEVE RESULTS, HE EXPOSED BALMS TO CLASSICAL MUSIC AND NOTICED THAT THE RATE OF FLOWERING INCREASED BY 20% AND THE BIOMASS BY 72%, COMPARED TO A CONTROL GROUP. LATER, UNIVERSITY EXPERIMENTED WITH THE FLUTE, VIOLIN... DESPITE EVERYONE BEING POSITIVE, THEY DETERMINED THAT THE VIOLIN WAS THE MOST EFFECTIVE INSTRUMENT.

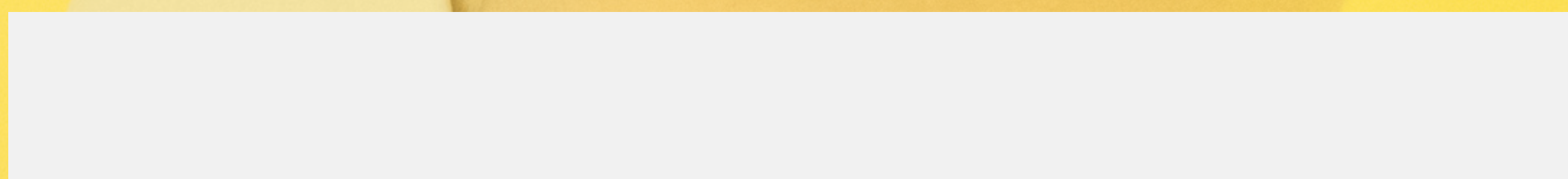
MANY STUDIES HAVE BEEN DONE TO LOOK AT THE EFFECTS OF DIFFERENT TYPES OF MUSIC ON PLANT GROWTH. MOST STUDIES HAVE CONCLUDED THAT CERTAIN TYPES OF MUSIC OR SOUNDS ENCOURAGE PLANTS TO GROW FASTER, WHILE OTHER TYPES OF MUSIC ACTUALLY HAMPER AND DELAY THE GROWTH PROCESS.

THE BEST SCIENTIFIC EXPLANATION FOR THIS PHENOMENON IS THAT THE VIBRATION OF CERTAIN TYPES OF MELODIES AND SOUND CAN HELP TO SIMULATE THE PROCESS OF CYTOPLASMIC FLOW - WHEN PLANTS TRANSPORT NUTRIENTS, PROTEINS AND ORGANELLES IN THEIR FLUIDS (CYTOPLASM). IN NATURE, BIRDSONG OR STRONG BREEZES AID THE METHOD MAKING IT EASIER AND MORE EFFECTIVE TO GROW PLANTS AND FLOWERS.



MENTAL AND BODY HEALTH

- BODY AND MIND







# BODY AND MIND

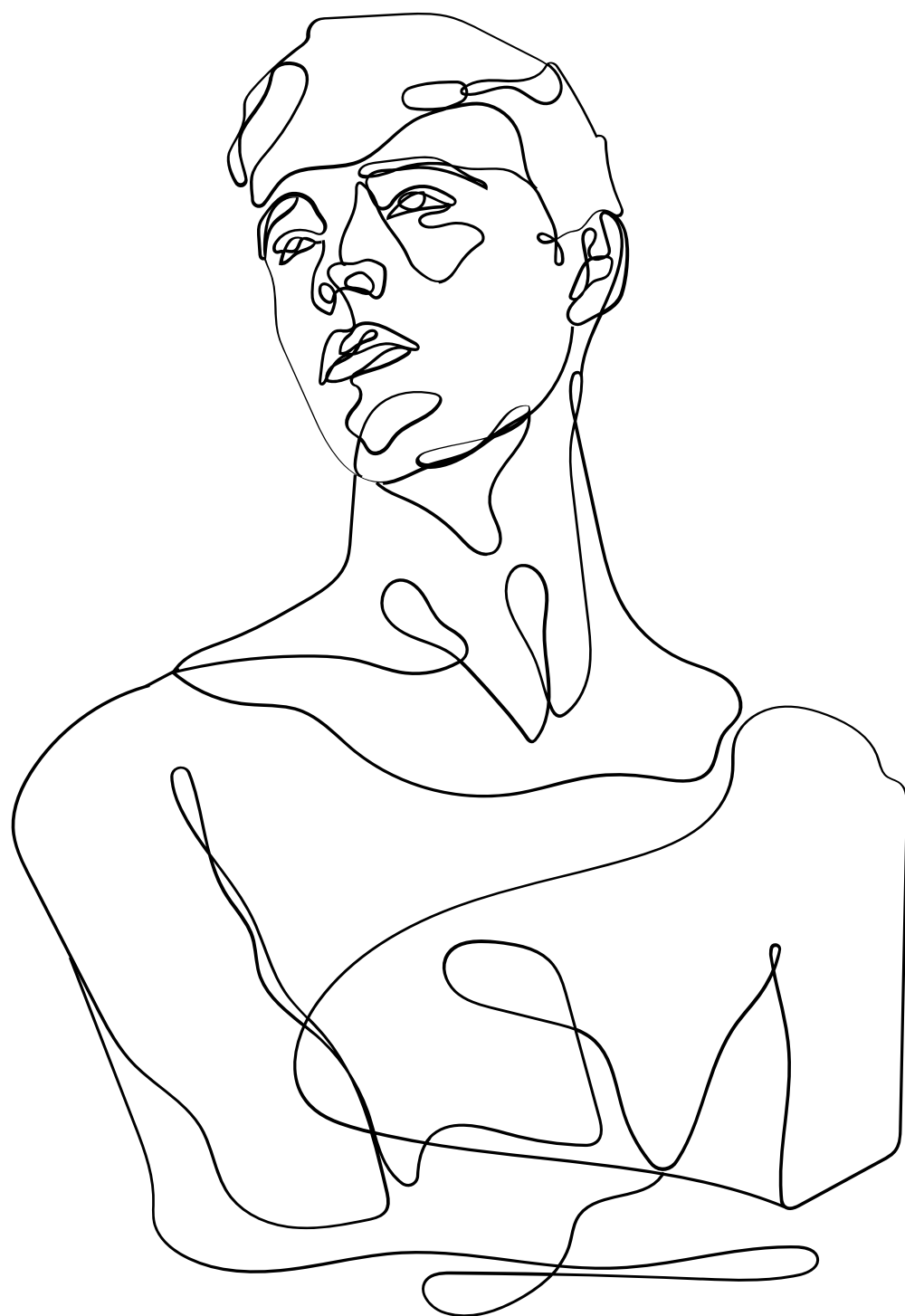
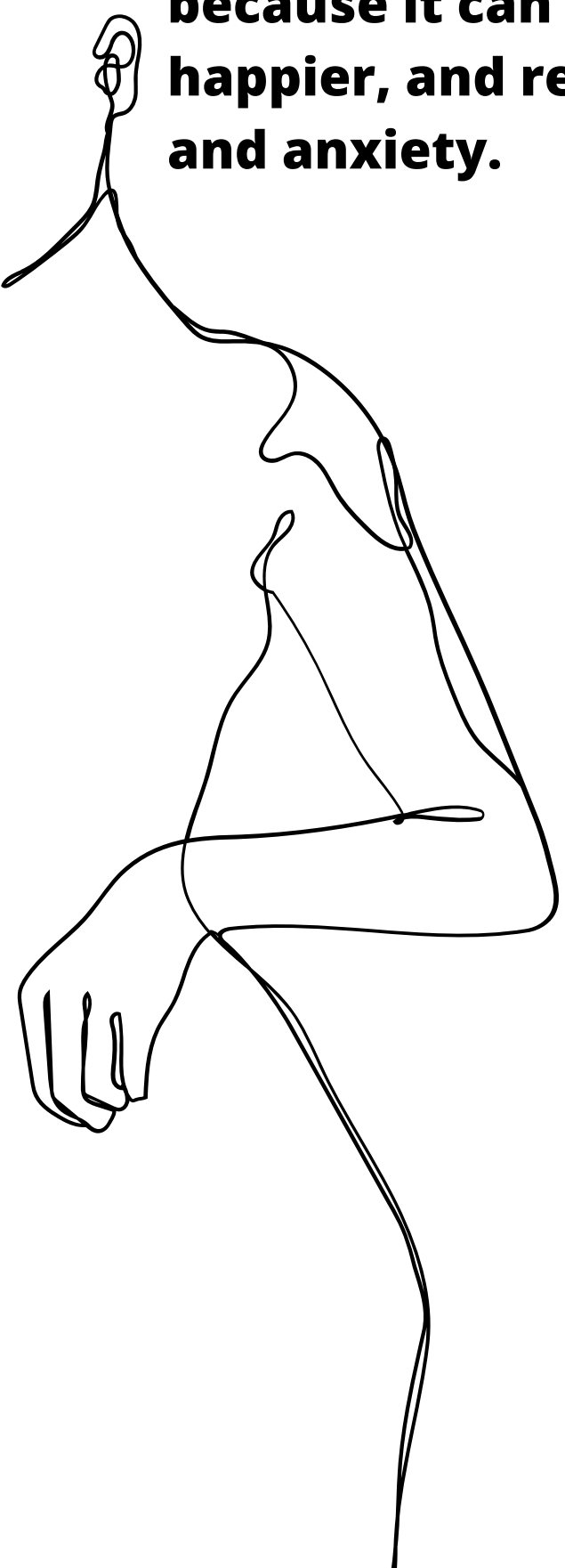


**Nowadays, there's an ongoing debate about whether physical health is more important than mental health (and vice versa) or not, which is frankly very silly, since studies show that they're actually connected and affect each other. Our mental health affects our physical health, like our immune system and the production of certain hormones. So physical health can have an impact over mental health, for example: exercising can help to deal with anxiety and depression.**

**Physical activity can improve your mental wellbeing. Being active releases chemicals in your brain that make you feel good. It increases your mental health, makes you sleep better, help you concentrate, it's a natural energy boost, not to mention it's incredible for your health and can be fun. Researches have shown that it is even better to do these activities outdoors, because it can allegedly make us feel happier, and reduce levels of depression and anxiety.**

**Likewise, having a good mental health can give us more energy and willingness to be productive. Researches have shown that people with a mental health problem are more likely to have a preventable physical health condition such as heart disease. On top of that, mental health problems can come with physical symptoms. Depression can come with headaches, fatigue and digestive problems, and anxiety can also result in stomachaches. Other symptoms can include insomnia and difficulty of concentration.**

**In conclusion, taking care of both your mental and physical health is important, having in mind that they're two connected things that walk alongside. Having a good physical health makes us feel better mentally, and having a good mental health gives us energy and disposition.**





MUSIC

**- DOES YOUR  
MUSICAL STYLE  
INTERFERE WITH  
YOUR  
PERSONALITY?**



# ***DOES YOUR MUSICAL STYLE INTERFERE WITH YOUR PERSONALITY?***

**People often change their personality through music. Since always, people have in mind that their personality can change according to the music, many people end up getting carried away by the feeling of music when listen to them and start to take their lives literally for it, aiming to get carried away by the feelings that they managed to feel through the music or some experience described in the music.**

**The main reason for this is because in the world there are varieties of musical style for all possible tastes, taking into account not only the variety of musical styles, but also religious beliefs and faith beliefs, because in addition to a person's personality changing or not only through music, you can change in terms of your religious beliefs. An example of this is the people who have the Muslim religion, because not only the musical variety is different there, but also their actions due to their religiosity, considering that because of this, the type of music or life is not common for people, and can even more influence the personality of a given individual. Another well-known example is about black culture and its musical influence, aiming to greatly appreciate the art of Rap, Trap, and especially Hip-Hop, who in their songs approach the world of crime, and the world of people who fight for their rights, and that's why many people have their personalities changed or not, in order to want to live in the same style and way of life that is portrayed in the most serious and violent Rap's so to speak. And finally, a last example is the musical genre Rock'N'Roll, which in itself is a very fast paced and alternative music,**

**Mainly very aggressive, in which its lovers lead a lifestyle based on music with black clothes. clothes with thorns, long hair and their common experiences for them, influenced from an early age not only by the style of Rock but also by the culture they follow. So, your our taste in music can certainly interfere with your personality, in a good way or not.**





FASHION

- FASHION IN  
SOCIETY





# FASHION IN SOCIETY

NEWSLETTER - CLUB OF FASHION

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26/05/2022

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Fashion creates languages, changes behaviors and alters the most basic expression of a society; the way of dressing. Therefore, it gained space in the academic environment, is an object of research and has become a human science. Fashion in society generates countless artistic interpretations of how it should be, how we should dress, how we should be and behave.

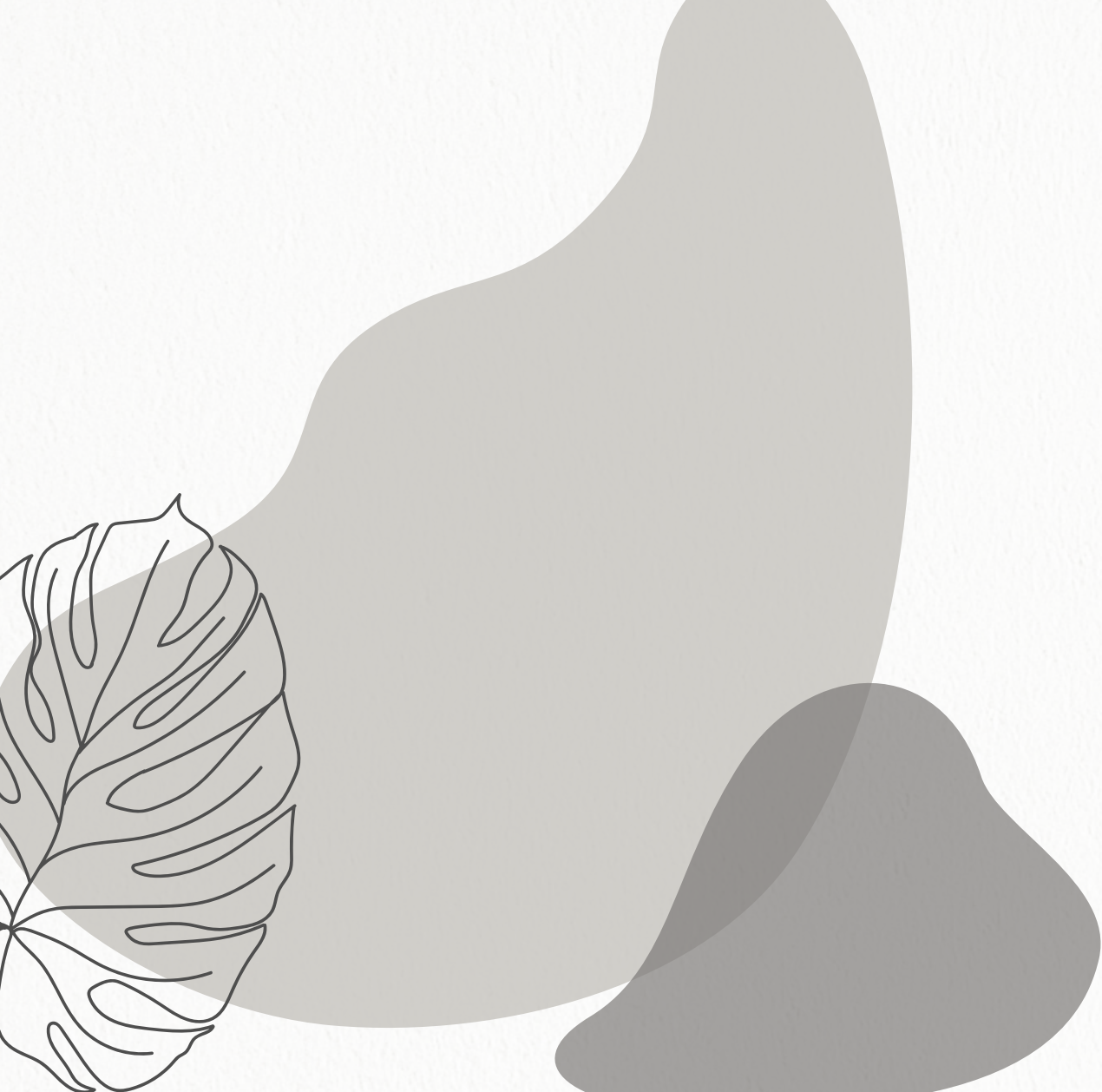
The makeup we wear, the pieces we like, the clothes we wear say a lot about us. On the one hand, there are people who believe that fashion is futile, but all these people buy clothes, accessories and others, consequently enjoy fashion... on the other hand, there are those who feel obliged to follow all trends, surpassing their own limits and make "being within the standards created by the media and society" its main objective

It is because of fashion that clothing becomes a social badge valuing the body, sexuality and, depending on the time and historical context, manifests itself in different ways and at different times, thus producing meanings and reflecting transformations.

Society has already resigned itself to the fact that the media has incessantly influenced the search for an "ideal" beauty. an exaggerated consumption of beauty products and practices often leading to health problems in the name of beauty demanded by society. And have you ever been influenced by the beauty standard set by the fashion industry?







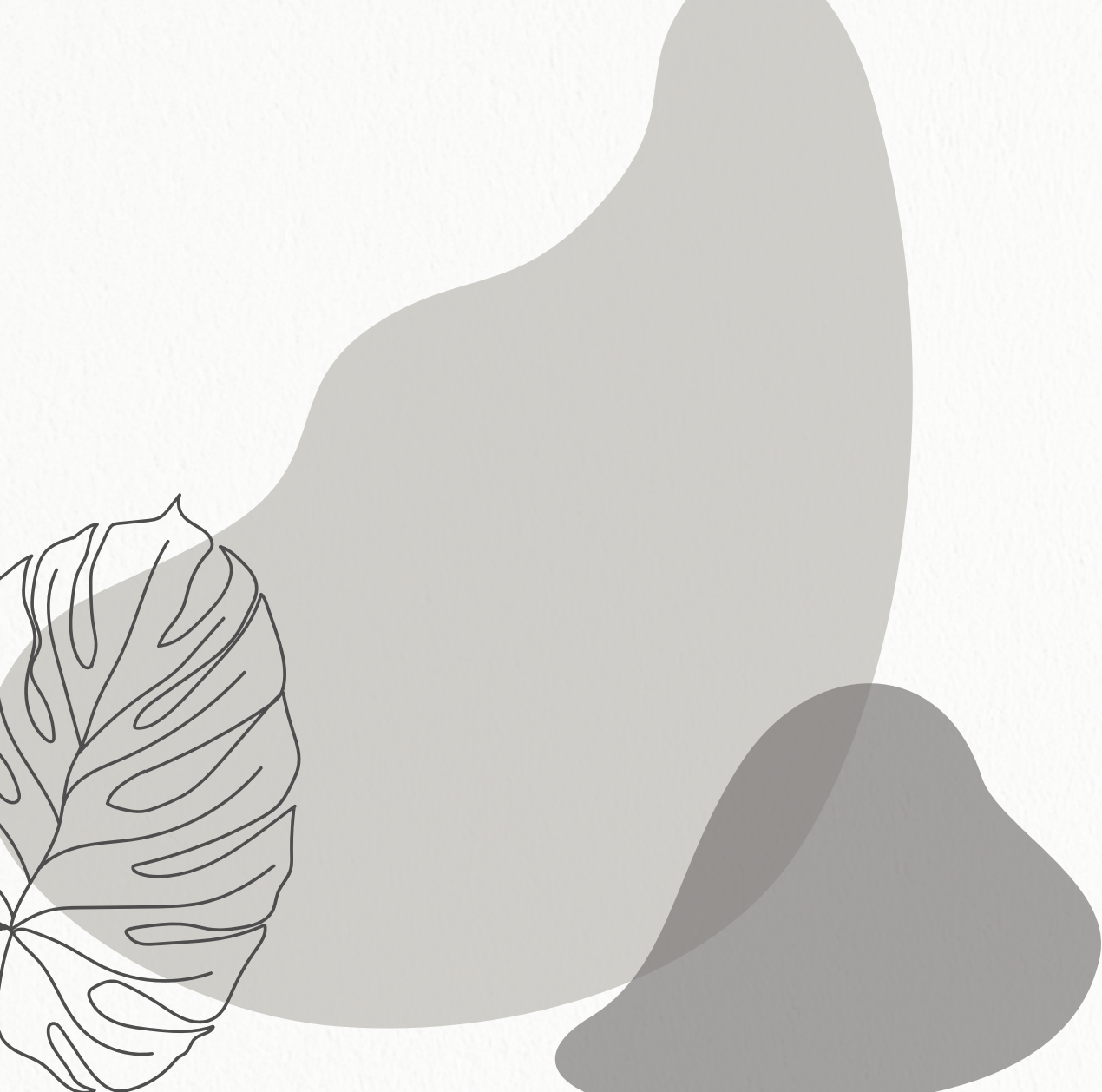
# EDITORS

---

- Luigi Viegas
- Eduarda Souza
- Eduarda Zortea
- Stephany Loureiro
- Maria Eduarda
- Rafael Flores
- Davi Almeida
- Bibiana Midon
- Bruno Moneiro
- Maria Clara
- Luiza Silveira







# WRITERS

---

- Eduarda Souza
- Maria Lúcia de Oliveira
- Gabriela de Sousa
- Larissa Haab
- Laura Reichelt
- Leonardo de Almeida
- Lucas Flores
- Eduardo Altmann
- Henry Soares
- Arthur Abadi
- João Francisco Cenerelli
- Stephany Rodrigues

